

PMU BROW AFTERCARE

DAY 1: When leaving your first appointment your microblade artist will provide you with an aftercare kit for your freshly microbladed/powdered brows. It is important that you press with damp sterile cotton swabs every 15-30 minutes for Day 1. Weeping fluids (lymph) may occur during the first 24-48 hours. Be sure to gently blot brow area with a cool dampened tissue to remove any buildup. If you are oily, repeat for 3-14 days. Also press using blotting pads on your brows for the duration of your healing process (14 days). This will help with color retention and keeping your lines crisp.

Post Appointment: CLEANSING & MOISTURIZING STEP

- Wash your brows 2X/day
- Use your pointer fingers and a pea sized drop of antimicrobial soap (Cetaphil)
- Get fingers wet lather soap and look in the mirror
- With your pointer fingers go over your brows in the direction of your brow growth 2X
- Put provided healing moisturizer or oil on after washing 2X daily. Note: think Chapstick thin, if it looks like lip gloss you've put too much.
- Repeat for 7-14 days
- *No Makeup or other beauty products on brows during healing*

Before Bed: Repeat CLEANSING & MOISTURIZING STEP.






DAY 2-14: Repeat CLEANSING & MOISTURIZING STEP morning & night, reapplying the THIN ointment layer 2-3 times between cleansing. If you are oily, only apply if the skin is dry.

RULES:

- NO TOUCHING: Be as careful/gentle as possible! Your retention/results depend entirely on your ability to follow proper aftercare.
- Note: If you scratch, rub or pick, you will RUIN your results. A few days of dark scabbing or flaking skin is normal and a part of the process. Pigment will be permanently pulled out with the removal of any premature scabs and require a 3rd session at your expense... so don't touch!
- NO PRODUCTS: Absolutely no harsh cleansers, creams, makeup or any other products on treated area for 2 weeks. Always avoid retinol/anti-aging creams as they fade tattoos! Makeup is OK around the brow area followed by very careful facial cleansing (use makeup wipes or washcloth).
- NO H2O: Avoid getting them wet, no direct water on your face in the shower.
Tip: Crack the bathroom door during showers to avoid "sauna effect".
- NO SUN: Avoid tanning/direct sun exposure for at least a month. It's never a good idea to make your tattoo susceptible to a deep tan or sunburn as it will cause fading.
- NO SWEAT: Avoid heavy sweating for at least two weeks, if possible. Skip Cardio the first few days. the salinity in your sweat is BAD for healing! Participate in intense workouts at your own risk, wearing a hat/headband to eliminate facial sweating.
- NO TREATMENTS: Do not get any other treatments on the area such as botox, facials, chemical peels or microdermabrasion for at least one month.

PLEASE feel free to text me (425-442-2111) anytime with questions/updates, and don't forget to schedule your Perfecting Session 6-8 weeks out, 8-12 weeks for mature skin.

PMU Brow Healing Process

<p>Day 1: WOW! I have eyebrows!! LOVE THEM!!!</p> 	<p>Day 2: WHY are they SO dark and thick?!?</p> 	<p>Day 5-10: Ewww! My scabs are flaking off!</p> 
<p>Day 10 +: What happened? My brows are too light!</p> 	<p>A few weeks later: My brows are back! SO NATURAL!</p> 	<p>After Touchup: They are PERFECT!!! #BROWSONFLEEK</p> 